Dear Parents and Kingstown Community,

Over the next few weeks students will be focussing on the You Can Do it! key of persistence.

Positive ways of thinking that help develop persistence include:
- Continuing to try even when things are hard; not being distracted by others; checking work when it’s finished to make sure it’s correct; doing more not less;

Positive ways of thinking that help develop Persistence include:
- **I Can Do It** - Thinking that I’m more likely to be successful than I am to fail.
- **Effort** - Thinking that the harder I try, the more successful I will be. Realising that Effort equals Reward and Success.

• **Working Tough** - Thinking that sometimes, in order to be successful, I have to do things that are not easy in the present.

This Friday all Upper Division students will be attending the ‘A Case of Emergency’ Forensic Workshop at Uralla Central School. If you have not returned the permission note, please do so tomorrow. This will be an exciting excursion for our students.

**P&C meeting this Thursday**

Ms Ryan will be available from 5:00pm tomorrow prior to the P&C meeting to discuss the progress of the School Plan. The plan remains open for community input.

Congratulations to all of our Merit Award recipients this week!
Painting the Tank

We hope to paint the undercoat of the tank for our mural very soon. Please contact the school if you would like to help with this project. We may be able to find a day when a few volunteers can meet and get the job done. Students are keen to start on the mural design with Ms Barber so help would be greatly appreciated.

Joint Funding

This week we submitted our joint funding application for a door on the sunny side of the library and covered walkway to the cola. Fingers crossed we will be successful and receive some funds later in the year.

NAPLAN

NAPLAN testing will take place 12th to 14th May this year for students in Years 3 and 5. While participation by all students is expected, students may be withdrawn from the testing program by their parent/carer. Contact Ms Ryan for further information.

Tell Them From Me Survey

The Tell Them From Me student survey will be conducted shortly. If you do not wish your child to participate in this survey, but did not return the note (attached to Newsletter Week 4), please do so tomorrow.

Thank you to Jim Swales for visiting to share information with the students on ANZAC.

Upper Division have been undertaking a study of the First World War, particularly the ANZACs involvement in Gallipoli this term. On Monday we were lucky enough to have Mr Jim Swales visit the school to give us some information about local servicemen, including his father. Mr Swales brought some photographs taken by his father whilst serving in the Light Horse in Egypt, his medals and some intricately embroidered 'postcards'. The students’ favourite articles were the genuine uniforms Mr Swales brought along - one worn by his father almost 100 years ago! Jake, Charlotte and Abby even modelled them as we learned about their history!

Thank you for coming in Mr Swales and sharing your knowledge with students and teachers alike.
Seasons of New England Market & Fair Day
returns for ONE day in 2015, Saturday 28th March from 8am - 3pm at a NEW venue: Hampden Park (cnr King & Maitland Streets, Uralla).

Featuring over 70 stalls of produce and products made here in the New England, including cool climate wines, world class gin, craft beer, an amazing range of food drawn largely from New England produce, children's clothing and accessories, wool, timber products, jewellery, home decor, soaps, honey, free range eggs, candles, plants and seeds, to name just a few.

With Hampden Park offering more fun for children, there will be pony rides with Harlow Park, a Tae Kwon Do demonstration, a range of games for kids to play, a paper plane throwing competition, giant dominoes and of course everyone is welcome to use the skate park and cricket nets just beside the park.

The Seasons Bar will also be operating from 10am - 5pm, with a special live music performance from 3pm - 5pm, after the market closes.

Our Producer's Lunch is being held this time at McCrossin's Mill, Uralla, with Bistro on Cinders providing a 2 course alternate drop menu for up to 100 people. Tickets on sale on the website, or in person at Bistro on Cinders, Armidale or New England Brewing Co, Uralla.

For further details please visit www.seasonsofnewengland.com.au

P&C Meeting

tomorrow
Thursday 12th March

5:00pm School Plan
5:30pm Meeting commences
## Terms 1/2 2015 Calendar

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**FRUIT & VEG**

**KIDS ARE NOT EATING ENOUGH**

**HERE’S WHAT KIDS ARE EATING EVERYDAY**

YOUNG KIDS (AGE 4 - 6)

- 1 FRUIT
- 1.5 Fruits
- 1.5 Vegetables
- 4.5 Vegetables

KIDS (AGE 9 - 13)

- 2 FRUIT
- 2 Fruits
- 5 Vegetables

**BIG KIDS (AGE 14 - 16)**

- 2.5 FRUIT
- 2 Fruits
- 5 Vegetables

**ONLY 5% OF AUSTRALIAN ADULTS EAT THE RECOMMENDED SERVES OF BOTH FRUIT & VEG**

**EATING FRUIT & VEG IS VERY IMPORTANT! KEEP IT UP!**

www.healthy-kids.com.au

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**KIDS CAMPS**

**THE BEST HOLIDAYS HAPPEN AT CAMP**

- Relaxed
- Fun
- Safe

Entertain the kids this school holidays with a Sport and Recreation Camp! Our popular Kids and Family Camps offer a range of exciting activities to keep even the biggest kids entertained! Try your nerves over 40 different activities, including fishing, slip’n’slide, bowling, relays, polaroid, swimming, archery, google, laser clay shooting, and some fun water sports! Camps are supervised, you can rest easy knowing your kids are in safe hands.

**Kids’ Day Camps** start from $47 per day for kids and $13 per day for adults (prices valid for children under 5 attending free, cost includes accommodation, meals and activities).

**ANZAC DAY**

- 26 April

[For more information, visit:](http://www.healthy-kids.com.au)