Dear Parents and Kingstown Community,

We hope everyone had a wonderful and relaxing holiday and enjoyed the last of the warm weather in the Easter and ANZAC long weekend breaks.

It is great to be back and see all the students so eager and happy to return to school today.

Thank you to all my staff for doing such a great job organising student activities in the last two weeks of term. Also thank you to our P&C who once again, ran a successful canteen at the Small School Cross Country and raised funds for our school. Your time and effort is greatly appreciated!

The school bell is up and ringing and looks fantastic! Thanks Dads!

The repainting of the Upper Division Building was completed today and the library veranda will have the floor boards replaced and painted this term.

The You Can Do It! focus this week is persistence.

We are encouraging students to put in a persistent effort in all class tasks.
Each term is a busy one. We have our Thunders V Kelly’s Carnival next week and NAPLAN for Year 3 and 5 in Week 3. Please look at the term calendar for other up and coming Term Two events.

It is great to see all students wearing full school uniform on their first day back.

**Anzac Day**

Thank you to all the children who represented the school in the Anzac Day March in Uralla, Kassy Cassidy for collecting the wreath from the florist in Armidale and Mrs Skewes for marching with the children on the day.

**P&C Meeting**

Our first P&C Meeting will be held this Thursday, 1st May commencing at 5.30pm in the Hamilton Building.

**Life Education Van**

The Life Education Van will be visiting our School on Monday, 26th, May, 2014. Please complete the attached permission form and return to school. The cost is $9.00 per child.

**Lake Keepit**

Upper Division Students will have the opportunity to attend Lake Keepit Sport & Recreation Centre in week 7 of Term 3. Please pencil in the following dates on your calendar -

**Monday 25th August to Friday 29th August, 2014.**

More information will be sent home with costing etc. after the next P&C Meeting.

Lake Keepit offers a wonderful outdoor education / sport and recreation program that the children in upper division enjoy every second year.

**Grip Leadership Conference**

Next Monday our School Leaders will be attending the GRIP Leadership Conference in Armidale. The Conference is being held at the “Armidale Ex Services Memorial Club”. A note will be sent home to those attending.

**Just a reminder**

Please do not send noodles that require hot water to school.

**Tuckshop**

Tuckshop commences in Week 3, Wednesday, 14th May.

**No Tuckshop Tomorrow or Next Week.**

**Active After School**

Active After School commences next Tuesday, 6th May.

**Happy Birthday**

Happy Birthday Toby Dew, Shauna Cantrill-Taylor and Sharni Oldknow who all celebrated birthdays in the holidays!!
Anzac Day
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2013-2014 Family Energy Rebate

$125 Towards Energy Bills

DON’T MISS THE DEADLINE!
Apply before 5pm Friday 13 June 2014

2 MINUTES TO FILL IN A FORM

* eligibility criteria apply

WHAT IS THE FAMILY ENERGY REBATE?
The Family Energy Rebate helps to cover the costs of energy bills for NSW households with dependent children. In 2013 – 2014 the rebate gives:

• A $125 credit against electricity bills for eligible applicants who receive electricity from an electricity retailer.

• A $137.50 direct payment to nominated bank accounts for eligible applicants who live in a caravan or mobile home park and receive electricity from the park operator.

AM I ELIGIBLE FOR THE FAMILY ENERGY REBATE?
To be eligible you MUST:

• Be eligible for Family Tax Benefit A or B during 2012-2013 and have received a relevant payment; and

• Be the primary account holder of an electricity retailer, OR a long-term resident of a caravan or mobile park home, whose name appears on the electricity bills supplied by the park operator.

YOU CHOOSE HOW YOU WANT TO APPLY FOR THE FAMILY ENERGY REBATE

• ONLINE – it takes a few minutes to submit and processing starts immediately.

• PAPER – download a form from the website, complete and submit by email, fax or post.

FOR MORE INFORMATION & ASSISTANCE

PHONE Service NSW 13 77 88
EMAIL fer.program@trade.nsw.gov.au
Life Education NSW will be visiting our school

Here’s a brief outline of the range of programs in which the children will be participating:

**Clued Up**
Early Stage 1 (K) – Healthy lifestyle, personal safety, safety with medicines, body knowledge & self-assertion skills

**Harold’s Surprise**
Early Stage 1 (K) - Healthy food choices, Importance of physical activity, safety

**Harold’s Mystery Tour**
Stage 1 (Yr 1) - Body workings, safe use and storage of medicines, peer pressure and coping strategies, safety, decision making

**Harold’s Heroes**
Stage 1 (Yr 2) - Environmental health issues, emergency procedures, individual needs for medicines and safe use and storage.

**All Systems Go**
Stages 1 & 2 (Yrs 2-3) Function of body systems, peer pressure, second hand smoking, safety with medicines.

**Harold’s Diary**
Stage 2 (Yr 3) - Friendship, resilience, expressing emotions, coping strategies, healthy food choices, active lifestyles

**bCyberwise NEW!**
Stage 2 (Yrs 3 & 4) – Explores cybersafety through animation, vox pops of children, relevant scenarios, discussion & problem solving.

**Mind Your Medicine**
Stage 2 (Yr 4) - Safe and unsafe situations, medicines and consequence of misuse, peer influence and friendship, positive communication

**On the Case NEW!**
Stage 3 (Yr 5) – Short and long term effects of smoking, effects of passive smoking, laws, peer influence, and refusal skills.

**Think Twice**
Stage 3 (Yr 6) - Consequences of alcohol use and misuse, stay safe situations and refusal skills, laws controlling purchase and use.

**It’s Your Call IMPROVED**
Stage 3 (Yrs 5 & 6) – Definition of legal drugs, decision making, emotions, peer pressure, risk taking, problem solving, safe and appropriate use of communication technology

The programs address many of the components and objectives within the NSW PDHPE curriculum.

Teachers of composite classes will choose the program which best suits the needs of their children.

**THE COST IS $9.00 PER CHILD.**

I give permission for .........................Class....................

to attend the Life Education program and enclose $..........

Signature...........................................(Parent/Guardian)

Date..................................................
Junior Blues Rugby Union

1st Training and Registrations

Thursday, 1st May, 2014

Registration: 4.30pm
Training: 5.00-6.00pm

Location: Newling Fields, (Kentucky Street), Armidale,

Enquiries Kate Lawrence, Secretary. Tel: 0488 062 858 or

Facebook: Armidale Junior Blues Rugby Union 2014

Age Groups: Under 6’s to Under 14’s

Easter Hat Parade